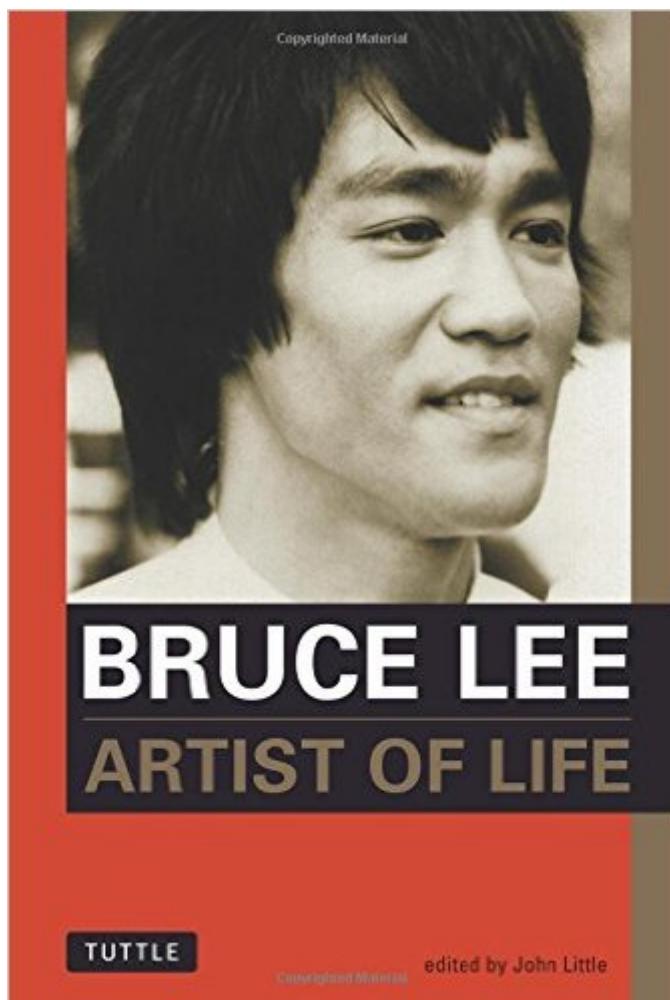


The book was found

Bruce Lee: Artist Of Life (Bruce Lee Library)



Synopsis

A rare, never-before-seen collection of Bruce Lee's private letters and writing! Bruce Lee was an intense man with such sheer concentration of energy that no one who encountered him, on screen or in person, could help but be drawn to him and his enthusiasm for life and knowledge. A voracious and engaged reader, Lee wrote extensively, synthesizing the thought of East and West into a unique personal philosophy of self-discovery. Bruce Lee: Artist of Life explores the development and fruition of Bruce Lee's thoughts about gung fu (kung fu), philosophy, psychology, poetry, jeet kune do, acting, and self-knowledge. This volume from Bruce Lee's private notebooks is capped by a selection of Lee's letters that eloquently demonstrate how he incorporated his thought into actions and advice to others. Also included are multiple drafts of select compositions, showing how Lee's thought evolved and was refined over the years and how the ideas he was reading and writing about were reflected in his work and everyday life. Sections include: Gung Fu—reflections on gung fu, psychology in defense and attack, how to choose a martial arts instructor, and Bruce's own view on the martial art Philosophy—regarding human understanding, Taoism, Plato, Socrates, and Descartes; Psychology—“three types of philosophy, the top dog and the underdog, the four basic philosophical approaches, and learning Poetry—“The Dying Sun,” ‘Love is a Friendship Caught on Fire,’ ‘Once More I Hold You in My Arms,’ and ‘Parting’; Jeet Kune Do—“The Liberation—toward personal liberation, notes on JKD, true mastery, and an objective evaluation of the combative skill of Bruce Lee, by those who know what it is; Acting—“what exactly is an actor, the art of acting; Self-knowledge—“in search of someone real, self-actualization, and the passionate state of mind; Letters—“The True Meaning of Life—Peace of Mind,’ ‘Use Your Own Experience and Imagination,’ and ‘It’s All in the State of Mind’; This Bruce Lee Book is part of the Bruce Lee Library which also features: Bruce Lee: Striking Thoughts; Bruce Lee: The Celebrated Life of the Golden Dragon; Bruce Lee: The Tao of Gung Fu; Bruce Lee: Letters of the Dragon; Bruce Lee: The Art of Expressing the Human Body; Bruce Lee: Jeet Kune Do.

Book Information

Series: Bruce Lee Library

Paperback: 288 pages

Publisher: Tuttle Publishing (April 1, 2001)

Language: English

ISBN-10: 0804832633

ISBN-13: 978-0804832632

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (45 customer reviews)

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Customer Reviews

Originally posted on http://thinkingmartial.blogspot.com/p/blog-page_22.html In the interests of full disclosure, I was given this book by the publisher for review purposes

Title: Bruce Lee Artist of Life
Edited by : John Little
Publisher: Tuttle
Page Count: 261
Cover Price: \$18.95 (USD)

Every martial artist is going to be eventually confronted with the images and writings of Bruce Lee. Regardless of what martial art you practice, he is an inescapable force in martial arts. He has almost become the patron saint of martial artists. At some point most martial artist want to learn more about the man. This book takes a different take on him. It looks at the process of how Bruce's now famous ideologies came to be, most often using Bruce's own written words.

Content The book starts off with an forward by Linda Lee Cadwell describing Bruce as not only a martial artist, but as an artist of life. Then the editor John Little offers his own piece in the introduction and first chapter where Mr. Little sort of explains some of the more common philosophies of Bruce Lee, often quoting directly from handwritten notes that Bruce Lee took on everything. What follows though is the real meat of the book. It is collections of Bruce Lee's notes transcribed. It starts out with his notes and papers from his philosophy classes at University of Washington. It follows the same set, but each section shifts emphasis of one aspect of Bruce's life. The list of subjects covered by these notes include psychology, poetry, Jeet Kun Do, acting, and finally self knowledge, which is sort of a running theme through the rest of the sections anyway.

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